



Synergy Medical and Weight Loss Centre is comprised of Dietitians, Psychologists and Personal Trainers who work with many of WA's GP's, surgeons and specialists to offer sustainable solutions to those with goals of maintaining a healthy weight, body and mind set.

A multi-disciplinary approach

We offer a multi-disciplinary approach which has been shown to be the most effective way to achieve long term health goals. Our clients include those with the following conditions:

- Pre and Post Bariatric surgery
- Obesity
- Those wanting general weight loss
- Eating disorders, both under eating and over eating
- Children with fussy eating habits or complicated conditions/ diseases such as anorexia, diabetes, gastric disease, food allergies, rare and/or genetic diseases etc
- Emotional Eaters
- Those with anxiety and/or depression
- Those with any dietary related health condition
- Those with conditions that may be complicated to manage such as cancer, genetic conditions etc
- Those needing physical rehabilitation due to obesity, chronic disease, arthritis etc
- Those wanting to improve their general health and fitness
- Parents of children with complicated conditions/diseases who suffer from exhaustion and/or anxiety from trying to manage their child's condition

Our health professionals

Our health professionals are available to see you individually, or you can consult with all of them as part of a Complete Mind and Body Package



Psychologist

A psychologist treats patients offering leading therapeutic treatments that lead to lasting change for mental conditions or behavioural issues.



Accredited Practising Dietitian

An Accredited Practising Dietitian is a person who applies the science of nutrition to the assessment, management and education of groups of people and individuals in health and disease.



Personal Trainer

A Personal Trainer has a love of fitness and is part coach, mentor and friend. Their focus on a healthy lifestyle, physical fitness allows them to serve as positive role models for the exercise challenged or for those who want to take their fitness to the next level.

Individual Consultation Fees

Psychology Fees	
Private	
All 50 minute consults	\$170
Health rebates may apply	
Medicare patients	
All 50 minutes	\$170
Medicare rebate	\$84.80
Gap	\$85.20

Dietetic Fees	
Private	
Initial Consultation	\$125, 45 minutes
Review consultations	\$95, 30 minutes
Health rebates may apply	
Medicare patients	
All 20 minutes	\$52.95
Bulk Bill	
No gap	

Personal Training Fees	
Private Sessions	
1 on 1	\$75.00 per session or 10 class pass, \$700 (\$50 saving)
2 on 1	\$110.00 per session or 10 class pass, \$1000 (\$100 saving)
Group Fitness Sessions	
Only 3 - 5 people per class	
\$30 per person per class	
\$137.50, 5 x class pass (\$12.50 saving)	
\$250, 10 x class pass (\$50 saving)	

All consultations are held in our clinic at:

Suite 1, Level 1, 401 Scarborough Beach Road, Osborne Park, WA, 6017

(Free parking available)

P (08) 9385 7755 F (08) 6161 6588



Complete Mind and Body Package \$100 discount

- Three sessions with each of the healthy lifestyle team (9 sessions in total)
- 3 Individual Dietetic consultations
- 3 Individual Counselling Sessions
- 1 x PT session plus 5 Class pass
- Normally \$1037.50. As a package only \$950

Buy a Complete Mind and Body Package Gift Voucher

(Complete Mind and Body Package is valid for 6 months from date of purchase)

What You Can Expect

- Personalised dietary & health advice
- Someone to listen to your needs
- University qualified Health Professionals to consult with
- A Multi-Disciplinary approach which means you have the support and guidance of our entire health team
- A greater chance of success that is supported by scientific research
- Openness and honesty
- Ongoing education and healthy eating recipes
- No fads, no gimmicks, no pressure
- A free cuppa and friendly faces

Call today to chat about your health goals.

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